

### *Sexual Abuse Awareness Month Calendar of Events*

Join us this April as we host a variety of events in honor of Sexual Abuse Awareness Month. Our focus is to show survivors in our community our support while bringing awareness to the prevalent and ongoing issues of assault and abuse.



*ZCenter is excited to partner with Road Runner Sports in Wilmette as a sponsor of our upcoming Race to Zero 5k.*

#### **April 6th**

A ZCenter representative will be in-store from 3pm -7pm to register race participants in-person and answer any questions you may have about ZCenter or our 5th Annual Race to Zero! Drop by and say hi!

#### **April 20th**

Come to Road Runner Sports to pick out your running shoes for our race! A portion of proceeds from your purchase will go to ZCenter services. Please mention ZCenter when you checkout.

#### **Engage YOUR Voice!**

Engage with ZCenter the entire month of April through your social media! Follow ZCenter on Twitter, Instagram, and Facebook. We would love to see any teal ribbon or awareness photos you take this April. Don't forget to tag ZCenter so we can check them out! Use the hashtags #SAAM, #30daysofSAAM, and #ZCenter to spread the word!

#### **Chipotle Fundraiser in Highland Park!**

On April 14<sup>th</sup>, show your ZCenter support on your lunch break! Grab a burrito at the chipotle in Highland Park, mention ZCenter at checkout, and 50% of your proceeds will be donated to ZCenter!

#### **April 18<sup>th</sup>- Stanford Survivor Letter: Read Aloud**

In conjunction with College of Lake County, ZCenter will host a reading of the powerful letter written by Stanford Survivor, "Emily Doe". This reading will be followed by a moderated discussion lead by a ZCenter Prevention specialist.

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 Every 98 seconds, an American is sexually assaulted. Every 8 minutes, that victim is a child.  
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# CAUSE AN EFFECT



Make dinner a selfless act by joining us for a fundraiser to support Zacharias Center for Sexual Abuse. Come in to the Chipotle at 1849 Green Bay Road Suite 159 in Highland Park on Friday, April 14th between 11:00am and 9:00pm. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 50% of the proceeds will be donated to Zacharias Center for Sexual Abuse.

***Standing Silent Witness***  
**April 24<sup>th</sup>**

ZCenter staff, volunteers, and community will stand silently at 9am for one hour on the steps of the Lake County Courthouse (18 N. County St., Waukegan, IL) wearing t-shirts bearing personal stories of sexual assault and abuse – stories that too often are invisible and unacknowledged. T-shirts may also include relevant statistics, facts, or artwork. By standing in solidarity with survivors, silent protesters bear witness to rape survivors' unheard experiences. Participants are also encouraged to wear teal and purple, the colors of sexual assault awareness.

***Spirit Day at Chik-fil-A Vernon Hills***  
**April 25<sup>th</sup>**

Stop in for dinner and ZCenter earns money! Just mention "Zacharias" so that your purchase is included in the fundraising.

Plunko will be out for part of the evening! Pay \$1 for each play and receive either a free food item card for your next visit or a mini cow, depending on your luck. All proceeds go directly to ZCenter!

Drive-thru orders count too! Just make sure to mention Zacharias' spirit night so that your order is counted.

***ZPN Lunch and Learn: Title IX in Grades K-12***

**April 26<sup>th</sup>** - Presenter Amy Kosanovich Dickerson, J.D. will be discussing Overview of school district responsibilities under Title IX, best practices for responding to complaints under Title IX & practical tips for Title IX Coordinators and school officials for complying with Title IX. This event is free for ZPN members. Please contact Kristen Carruthers at [kcarruthers@zcenter.org](mailto:kcarruthers@zcenter.org) for more information.



**April 23<sup>rd</sup>**  
***5th Annual From Here to Healing 5K Run/Walk at Independence Grove***

Grab your running shoes, friends and family and join ZCenter for our 5th Annual *From Here to Healing* 5K! ZCenter's run/walk is a great opportunity to support a worthy cause. Please contact Rachael for more information:

RJosephsen@zcenter.org (847) 244-1187 x 121

**Denim Day, April 26<sup>th</sup>**

Twenty-three years ago a convicted rapist in Italy was set free when a judge argued that "because the victim wore very, very tight jeans, she had to help him remove them, and by removing the jeans, it was no longer rape, but consensual sex." A national movement was begun and continues to combat victim-blaming stereotypes that still persist. Consider having your school, organization, or business hosting a Denim Day where staff or students donate \$1-\$5 to ZCenter's comprehensive services in order to wear jeans for the day. Please contact Rachael for more information:

RJosephsen@zcenter.org (847) 244-1187 x 121

***ZCenter Skokie Open House***  
**April 30<sup>th</sup>** - As part of Sexual Assault Awareness Month, ZCenter would like to invite the community to visit our Cook County location in Skokie, IL. Staff members will be present to talk about different therapy modalities used at ZCenter and participate in a hands-on self-care activity! Drop in anytime from 2-4pm and bring the whole family!

***Only 6 out of every 1,000 perpetrators will end up in prison. This means 97% of assailants are never incarcerated.***