



‘What's love got to do with it? Practical Interventions for Survivors of Sexual Trauma’ ~ for Holistic Practitioners

Monday, January 27th, 2020, 9am-1pm
Zacharias Center, 4275 Old grand Ave. Gurnee

Join Lovelight Practitioners in this very special training offered by Zacharias Sexual Abuse Center. Learn ways to understand and help your clients/patients who have been through sexual assault & abuse. This training was created as a partnership between Lovelight Health Center and Zacharias Center to support Holistic Healthcare Practitioners’ capacity to support survivors of sexual trauma.

TO REGISTER: Respond to facebook event, or contact ZCenter @ vwalker@zcenter.org.
Facebook event: <https://www.facebook.com/events/859702084488436/>

Resources will be available electronically for participants. Refreshments are provided.

FEE: \$40 donation made directly to Zacharias Center ON THE DAY AT THE EVENT.
Questions - please email Valerie Walker, Director of Services at Zacharias Center, vwalker@zcenter.org. Space is limited; please RSVP early.

This Professional Development event is a program within ZCenter’s ‘Zacharias Education Network’, which provides professional training to practitioners, educators, therapists and first responders.

Outline of Topics

- Overview of Sexual Violence
- Impacts of Surviving Sexual Abuse
 - The Mental Health Continuum & the Brain
 - Adverse Childhood Experiences
 - Determinants of Well-Being
- Trauma Informed Practice
 - Healing Factors
 - Creating Safe Spaces & Relationships
- Empowering Survivors
 - Crisis Response
 - Accessing Resources & Services
- Trauma Stewardship
 - Secondary Trauma
 - Moving from Self Care to Community Care
- Closing