



40-Hour Volunteer Training: July 2020

| Day | Topic | Date/Time | Hours | Total |
|-----|--|------------------------------|----------------|-------|
| 1 | History of the Rape Crisis Movement <ul style="list-style-type: none"> ▪ History & Philosophy of the Anti-Rape Movement ▪ Rape Culture ▪ Philosophy & Mission of the Agency | Monday 7/20 9am-1pm | 4 | 4 |
| 2 | Cultural Competency <ul style="list-style-type: none"> ▪ Elements of Oppression ▪ Anti-Oppression Theory ▪ Confronting Oppression/Being an Ally | Monday 7/20 2-6pm | 4 | 8 |
| 3 | Adult Sexual Assault <ul style="list-style-type: none"> ▪ Sexual Assault & Abuse ▪ Stranger Rape ▪ Acquaintance Rape ▪ Date Rape & Marital Rape ▪ Same Sex Victimization ▪ People w/ Disabilities ▪ Elder Abuse ▪ Date Rape Drugs | Tuesday 7/21 9am-1pm | 4 | 12 |
| 4 | Crisis Intervention w/ Adults Part 1 <ul style="list-style-type: none"> ▪ Rape Trauma Syndrome ▪ Principles & Applications ▪ Listening/Communication Skills ▪ Confidentiality ▪ Role Plays | Tuesday 7/21 2-6pm | 2.5 1.5 | 16 |
| 5 | Crisis Intervention w/ Adults Part 2 <ul style="list-style-type: none"> ▪ Suicide ▪ Working w/ Significant Others ▪ Boundaries/Empowerment ▪ Self-Care & Vicarious Trauma ▪ Survivor Centered Services ▪ Role Plays | Wednesday 7/22 9am-1pm | 2.5 1.5 | 20 |
| 6 | Crisis Intervention w/ Children & Adolescents <ul style="list-style-type: none"> ▪ Child & Adolescent Development ▪ Effects of Sexual Assault on Children ▪ Strategies w/ Children & Adolescents ▪ Mandated Reporting ▪ Role Plays | Wednesday 7/22 2-6pm | 3 1 | 24 |

For questions/concerns or **if you need to miss any training sessions**, please contact:
 Kristin Jones, kjones@zcenter.org
 | 847-244-1187 x159



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| 7 | Medical Advocacy <ul style="list-style-type: none"> ▪ Fundamentals of Advocacy ▪ Role of Advocacy ▪ SANE/SART ▪ SASETA ▪ Emergency Room Procedures ▪ Role Plays | Monday 7/27 9am-1pm | 2.5 | 28 |
| | | | 1.5 | |
| 8 | Legal Advocacy <ul style="list-style-type: none"> ▪ Legal Overview ▪ Rights of the Survivor ▪ Criminal Justice Process ▪ Role of the Legal Advocate | Monday 7/27 2-6pm | 2.5 | 32 |
| | | | 1.5 | |
| 9 | Community & Prevention Education <ul style="list-style-type: none"> ▪ Prevention Programs in the Schools <ul style="list-style-type: none"> - Role of the Prevention Specialist - Child Assault Prevention Program - Teen Assault Prevention Program | Tuesday 7/28 9am-1pm | 4 | 36 |
| 10 | Volunteer Responsibilities <ul style="list-style-type: none"> ▪ Volunteer Panel ▪ Advocate Role Play ▪ Self-Care Activity ▪ Policies & Procedures ▪ Forms & Documentation ▪ Certificates of Completion & Make-Up Training Information | Tuesday 7/28 2-6pm | 3 | 40 |
| | | | 1 | |
| FYI | | | | |

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