



40-Hour Volunteer Training: November 2020

Day	Topic	Date/Time	Hours	Total
1	History of the Rape Crisis Movement <ul style="list-style-type: none"> History & Philosophy of the Anti-Rape Movement Rape Culture Philosophy & Mission of the Agency 	Tuesday 11/3 6-10pm	4	4
2	Cultural Competency <ul style="list-style-type: none"> Elements of Oppression Anti-Oppression Theory Confronting Oppression/Being an Ally 	Thursday 11/5 6-10pm	4	8
3	Adult Sexual Assault <ul style="list-style-type: none"> Sexual Assault & Abuse Stranger Rape Acquaintance Rape Date Rape & Marital Rape Same Sex Victimization People w/ Disabilities Elder Abuse Date Rape Drugs 	Saturday 11/7 9am-1pm	4	12
4	Crisis Intervention w/ Adults Part 1 <ul style="list-style-type: none"> Rape Trauma Syndrome Principles & Applications Listening/Communication Skills Confidentiality Role Plays 	Saturday 11/7 2-6pm	2.5 1.5	16
5	Crisis Intervention w/ Adults Part 2 <ul style="list-style-type: none"> Suicide Working w/ Significant Others Boundaries/Empowerment Self-Care & Vicarious Trauma Survivor Centered Services Role Plays 	Tuesday 11/10 6-10pm	2.5 1.5	20
6	Crisis Intervention w/ Children & Adolescents <ul style="list-style-type: none"> Child & Adolescent Development Effects of Sexual Assault on Children Strategies w/ Children & Adolescents Mandated Reporting Role Plays 	Thursday 11/12 6-10pm	3 1	24

For questions/concerns or if you need to miss any training sessions, please contact:
 Sarah Brennan, sbrennan@zcenter.org
 | 847-244-1187 x115



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Day	Topic	Date/Time	Hours	Total
7	Medical Advocacy <ul style="list-style-type: none"> ▪ Fundamentals of Advocacy ▪ Role of Advocacy ▪ SANE/SART ▪ SASETA ▪ Emergency Room Procedures ▪ Role Plays 	Saturday 11/14 9am-1pm	2.5	28
			1.5	
8	Legal Advocacy <ul style="list-style-type: none"> ▪ Legal Overview ▪ Rights of the Survivor ▪ Criminal Justice Process ▪ Role of the Legal Advocate 	Saturday 11/14 2-6pm	2.5	32
			1.5	
9	Community & Prevention Education <ul style="list-style-type: none"> ▪ Prevention Programs in the Schools <ul style="list-style-type: none"> - Role of the Prevention Specialist - Child Assault Prevention Program - Teen Assault Prevention Program 	Tuesday 11/17 6-10pm	4	36
10	Volunteer Responsibilities <ul style="list-style-type: none"> ▪ Volunteer Panel ▪ Advocate Role Play ▪ Self-Care Activity ▪ Policies & Procedures ▪ Forms & Documentation ▪ Certificates of Completion & Make-Up Training Information 	Thursday 11/19 6-10pm	3	40
			1	
FYI				

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