

# Sexual Assault: What you need to know



**Every 73 seconds, an American is sexually assaulted.**



**1 in 3 women in the U. S. experience some form of contact sexual violence in their lifetime.**

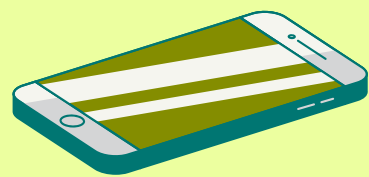


**1 in 4 girls and 1 in 6 boys have experienced sexual violence**

“ Making someone feel obligated, pressured or forced into doing something of a sexual nature that they don't want to is sexual coercion. This includes persistent attempts at sexual contact when the person has already refused you. **Nobody owes you sex, ever; and no means no, always.** ”

— Miya Yamanouchi, *Embrace Your Sexual Self: A Practical Guide for Women*

38% of teen girls and 30% of teen boys say they have had sexually suggestive messages shared with them, although they were intended for someone else.



66% of victims of sexual assault and rape are age 12-17.

- Transgender Students Are at Higher Risk for Sexual Violence
- 82% of all juvenile victims are female. 90% of adult rape victims are female.
- 77% of rape victims were known to their attackers.
- The legal age of consent in Illinois is 17.



65% of teens have been asked to engage in sexual acts via e-mail/texts/cell phones that they didn't want to engage in.

How can I help a friend or loved one?

- Believe someone who discloses to you
- Share resources, but do not persuade
- Learn about Bystander Intervention
- Show empathy
- Avoid revictimizing the survivor; allow them to share their story on their own terms and timeline.

For immediate crisis help, call:

**Zacharias Center 24/7 Support Line: 847-872-7799**  
**RAINN 24/7 National Hotline: 1-800-656-HOPE (4673)**



Sources:

[ICASA.org](http://ICASA.org) and [RAINN.org](http://RAINN.org)

[zcenter.org](http://zcenter.org)