



ZEN

Zacharias Education Network

Community Education & Professional Development

Looking Ahead: April is Sexual Assault Awareness Month (SAAM)

ZCenter is pleased to share our SAAM events with the public. Each year, we offer in-person and virtual events to raise awareness about ending sexual violence. Some of our annual events include:

- Standing Silent Witness
- NSVRC (National Sexual Violence Resource Center) SAAM 30-Day Challenge on Social Media
- Collaborative events with College of Lake County

Check zcenter.org/news in April for all details and updates

March Flyer:

Sexual Harassment: Who and Where

Please feel free to share or print this takeaway with others.

International Women's Month

ZCenter celebrates the accomplishments and contributions of women this month. March is also National Social Work Month. We are grateful to all the women and social workers who help us in our mission to end sexual violence!

Podcast & Blog

Learn more about the contributions of women and societal views of women on [73 Seconds Podcast](#) and zcenter.org/blog.

Free Webinar

Writing Poems to Process Trauma

Come have a taste of what some of our clients are experiencing in the Expressive Arts Group! In this workshop, we'll learn how creative writing can help our brains process trauma, and even write a poem of our own. No writing experience needed -- just a pen, some paper, and an open mind.

Wednesday, March 23rd,
12pm - 1 pm Central Time
Register [here](#).

Apply to be a
Volunteer



ZCENTER.ORG

FOR MORE INFORMATION:

[Training Menu](#)
zcenter.org

kjones@zcenter.org
847-244-1187 x159

