

ZACHARIAS SEXUAL ABUSE CENTER  
**RACE TO ZERO**



**Thank you!**

Thank you to everyone who came out and showed support by participating in our Race to Zero 2023 5k! It was wonderful to see all of the new and returning faces and families who joined us this year. Funding raised from this event helps provide direct services to survivors and the community.

**Thank you to our Corporate Sponsors!**

Medline  
SBBRG Foundation  
Barnett Capital  
Northshore University Healthsystem- Highland Park Hospital  
Troutman Pepper  
Core Psychotherapy  
Hollister  
UBS  
Price Waterhouse Coopers

**Sparkles & Mocktails**

In August, ZCenter's Associate Board hosted a night of 'Sparkles & Mocktails'. Thank you to Kendra Scott for generously donating a portion of the proceeds from the evening to ZCenter and Scott from Binny's in Skokie for donating the non-alcoholic beverages. Thank you to everyone who joined us for a lovely evening fundraiser.



**Zacharias Sexual Abuse Center in the Community**

Our Outreach Team participated in the "Military & Civilian Partnership Training on Domestic & Sexual Violence." We came together with other Lake County organizations to show our commitment to supporting survivors of domestic and sexual violence.



**Prevention Education**

ZCenter offers Prevention Education Erin's Law required presentations for students in Pre-k through College, parents, and school staff. Topics range from consent, boundaries, healthy relationships, to Illinois laws for students. Thanks to the generosity of Impact 100, ZCenter is currently digitizing their grade school curriculum to expand their reach! We also offer professional training with topics that include how to handle a disclosure and harassment. Please contact Tammy Burns at [tburns@zcenter.org](mailto:tburns@zcenter.org) to sign-up for classroom presentations for your school or professional trainings for your business or organization.

**In-service Presentations**

Thank you to the organizations that provide In-Service Trainings to our staff and help us stay aware of the community's needs and resources available to them. Recently, we were fortunate to have representatives from A Mother's Trust, Prairie Legal Services, Hamdard Health Alliance, One Hope United, and Avon Township present information to our staff.

**Volunteer Opportunities**  
Come Join Our Team!

- 40 Hour Crisis Training
- Flexible Schedule
- Remote Opportunities
- Support Line
- Medical Advocacy
- Legal Advocacy
- Community Prevention

**For more information please contact:**  
**Emily Cadwell at**  
[ecadwell@zcenter.org](mailto:ecadwell@zcenter.org)

**Events Calendar**

October 25: Halloween Art Workshop, for Survivors & Loved Ones 5:00 pm at ZCenter Gurnee

November 15: Open Mic Night, Survivors & Loved Ones - 5:00 pm at ZCenter Gurnee

November 28: Giving Tuesday, Please check out social media pages for info and to donate.

**Open Support Groups**

**Peer-led Survivor Support Group:** Open to Survivors 14 and up Meets in Gurnee Every Thursday 5:30-6:30pm

**Teen Activity Group:** Open to Teens Ages 13-17 Wednesday October 25, November 22, and December 27 from 5 - 6pm at ZCenter Gurnee.