

# Year in Review 2025

Fiscal Year 2025: July 1, 2024 - June 30, 2025

**607**



**SUPPORT  
CALLS**

**384**



**ADULTS**

**447**

**INDIVIDUALS  
COUNSELED**



**101**



**MALE**

**216**



**ADVOCACY  
CLIENTS  
SERVED**

**213**



**CHILDREN**

**17**



**TRANSGENDER  
/UNKNOWN**

**496**



**FEMALE**

**15,095**



**STUDENTS RECEIVED  
PREVENTION  
EDUCATION**

**110**



**TOWNS SERVED**

**4,569**



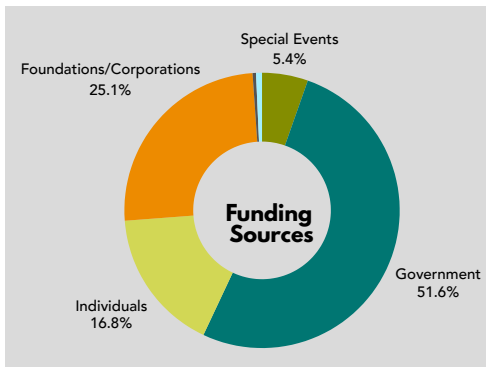
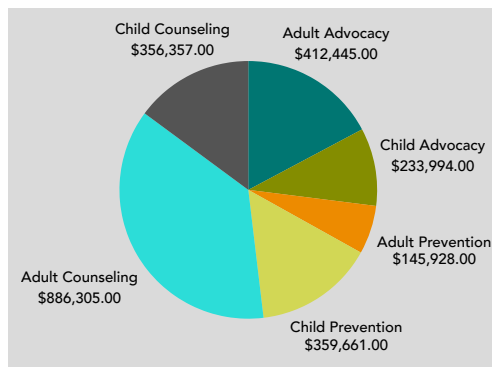
**HOURS OF SERVICE**

**14,793**



**COMMUNITY  
MEMBERS  
ENGAGED**

## FY25 FINANCIALS & THE IMPACT OF YOUR SUPPORT



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CONNECTED  
WITH US!**



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**PODCAST**

[@Hear to Healing](https://www.hear-to-healing.org)

Visit [zcenter.org](https://zcenter.org) to donate, learn more about our services or get involved



Each year, survivors come to us carrying stories shaped by trauma, silence, and profound resilience. Like seeds pushing toward the light, their journeys are not without struggle, yet with care, compassion, and the right resources, transformation begins. With the support of our community, survivors found safety, dignity, and the tools to reclaim their voices through free counseling, advocacy, and prevention education. Our dedicated team tends this work every day, believing deeply in each survivor's ability to heal, grow, and thrive, and in the importance of being proactive in helping create safer communities. While demand for our services continues to rise, we are encouraged that our waiting list is the lowest it has been in many years, allowing us to respond more quickly and ensure more survivors do not have to walk their path to healing alone. We are immensely grateful to the volunteers, partners, and community members who join us in making this work possible. - Sandy T. Williams

The sensory garden was completed in June through the TIERRA Project and has quickly become a meaningful space for both clients and staff. Designed by Antunez Design, the garden's beautiful shades of blue and green create a calm, grounding environment that encourages connection, reflection and healing. Clients often use the space to regulate after a counseling session or to settle themselves before one begins, while staff use the garden as a place to work, meet, or take a moment of pause and recharge during the day. The creation of this space was made possible through funding from the Brushwood Center, whose support helped bring this vision of calm and care to life.

During Sexual Assault Awareness Month, ZCenter engaged the community through a series of advocacy, education, and awareness activities centered on presence, visibility, and survivor voice. On April 11, staff, board leaders, corporate partners, clients, and community members participated in ZCenter's signature Standing Silent Witness event, standing in silent solidarity outside the Lake County Courthouse to bear witness to the silence many survivors carry as they navigate the trauma of sexual assault and abuse. Additional SAAM activities included a demonstration outside ZCenter's Skokie office, a community movie screening, a fundraiser hosted by ZCenter's Associate Board, and an event at the College of Lake County that encouraged survivors to speak their truth. Together, these moments reflected ZCenter's commitment to creating community spaces for awareness, dialogue, and collective action in support of survivors.



On May 9, more than 200 community members gathered at the DoubleTree Hotel in Skokie to stand in solidarity with survivors of sexual abuse and assault at ZCenter's Spring Luncheon, themed Blooming in the Garden. Through moving remarks from keynote speaker Kori Cioca, a survivor of military sexual assault, and the courageous voice of a ZCenter client, the afternoon reflected both the depth of pain survivors carry and the possibility of hope and healing. The client shared that trauma does not live politely in the past,



but continues to echo in the body and mind, and while many ask why survivors cannot simply move on, they often do not know where or how to lay the pain down. For her, ZCenter became that place, offering care, understanding, and the opportunity to be seen for more than her wounds. Together, attendees, sponsors, and donors helped sustain ZCenter's vital, free programs for survivors across Northern Cook and Lake Counties.

Thank you to our 2025 annual sponsors who make our critical work possible

