



## Sexual Assault Crisis Intervention Training: Spring 2019

Day	Topic	Facilitator	Date/Time	Hours	Total
1	<b>History of the Rape Crisis Movement</b> <ul style="list-style-type: none"> <li>▪ History &amp; Philosophy of the Anti-Rape Movement</li> <li>▪ Rape Culture</li> <li>▪ Philosophy &amp; Mission of the Agency</li> </ul>	Natalie	Tuesday 3/12 6pm-10pm	4	4
2	<b>Cultural Competency</b> <ul style="list-style-type: none"> <li>▪ Elements of Oppression</li> <li>▪ Anti-Oppression Theory</li> <li>▪ Confronting Oppression/Being an Ally</li> </ul>	Natalie	Thursday 3/14 6pm-10pm	4	8
3	<b>Adult Sexual Assault</b> <ul style="list-style-type: none"> <li>▪ Sexual Assault &amp; Abuse</li> <li>▪ Stranger Rape</li> <li>▪ Acquaintance Rape</li> <li>▪ Date Rape &amp; Marital Rape</li> <li>▪ Same Sex Victimization</li> <li>▪ People w/ Disabilities</li> <li>▪ Elder Abuse</li> <li>▪ Date Rape Drugs</li> </ul>	Kyle & Natalie	Saturday 3/16 9am-1pm	4	12
4	<b>Crisis Intervention w/ Adults Part 1</b> <ul style="list-style-type: none"> <li>▪ Rape Trauma Syndrome</li> <li>▪ Principles &amp; Applications</li> <li>▪ Listening/Communication Skills</li> <li>▪ Confidentiality</li> <li>▪ Role Plays</li> </ul>	Natalie	Tuesday 3/19 6pm-10pm	4	16
5	<b>Crisis Intervention w/ Adults Part 2</b> <ul style="list-style-type: none"> <li>▪ Suicide</li> <li>▪ Working w/ Significant Others</li> <li>▪ Boundaries/Empowerment</li> <li>▪ Survivor Centered Services</li> <li>▪ Role Plays</li> </ul>	Clinical Staff & Natalie	Thursday 3/21 6pm-10pm	4	20
6	<b>Crisis Intervention w/ Children &amp; Adolescents</b> <ul style="list-style-type: none"> <li>▪ Child &amp; Adolescent Development</li> <li>▪ Effects of Sexual Assault on Children</li> <li>▪ Strategies w/ Children &amp; Adolescents</li> <li>▪ Mandated Reporting</li> <li>▪ Role Plays</li> </ul>	Clinical Staff & Natalie	Saturday 3/23 9am-1pm	4	24

For questions or if you need to miss any training sessions, please contact: Natalie Juarez, Volunteer & Outreach Coordinator | [Njuarez@zcenter.org](mailto:Njuarez@zcenter.org) | 847-244-1187



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7	<b>Medical Advocacy</b> <ul style="list-style-type: none"> <li>▪ Fundamentals of Advocacy</li> <li>▪ Role of Advocacy</li> <li>▪ SANE/SART</li> <li>▪ SASETA</li> <li>▪ Emergency Room Procedures</li> <li>▪ Role Plays</li> </ul>	<b>Natalie &amp; SANE Nurse</b>	Tuesday 3/26 6pm-10pm	4	28
8	<b>Legal Advocacy</b> <ul style="list-style-type: none"> <li>▪ Legal Overview</li> <li>▪ Rights of the Survivor</li> <li>▪ Criminal Justice Process               <ul style="list-style-type: none"> <li>- Role of the Legal Advocate</li> </ul> </li> </ul>	<b>Evelyn and State's Attorney's Rep</b>	Thursday 3/28 6pm-10pm	4	32
9	<b>Community &amp; Prevention Education</b> <ul style="list-style-type: none"> <li>▪ Prevention Programs in the Schools               <ul style="list-style-type: none"> <li>○ Role of the Prevention Specialist</li> <li>○ Child Assault Prevention Program</li> <li>○ Teen Assault Prevention Program</li> </ul> </li> </ul>	<b>Prevention Team</b>	Saturday 3/30 9am-1pm	4	36
10	<b>Volunteer Responsibilities</b> <ul style="list-style-type: none"> <li>▪ Advocate Panel</li> <li>▪ Advocate Role Play</li> <li>▪ Self-Care &amp; Vicarious Trauma</li> <li>▪ Policies &amp; Procedures</li> <li>▪ Forms &amp; Documentation</li> <li>▪ Certificates of Completion &amp; Make-Up Training Information</li> </ul>	<b>Volunteers, Staff, and the Community Outreach Team</b>	Tuesday 4/1 6pm-10pm	4	40
FYI	<p><b>Training will be held at our Gurnee location (4275 Old Grand Ave, Gurnee, IL 60031).</b> Please reserve Thursday April 4th in your schedule in the event that a session is cancelled due to an unexpected emergency (ie: weather). Thank you!</p> <p><b>General Training Guidelines/Information</b></p> <ul style="list-style-type: none"> <li>▪ We present in many different formats/styles</li> <li>▪ You will have several opportunities to get to know your peers</li> <li>▪ An open mind &amp; attitude of inclusivity is critical to your learning</li> <li>▪ We start &amp; end on time-please arrive at least five minutes prior to training time</li> <li>▪ Water &amp; coffee will be provided-please bring your own lunch/dinner/snacks</li> <li>▪ The last day of trainings is when you will decide how to best use your skills</li> </ul>				

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